



# IMPORTANT ANNOUNCEMENT

## Carefree Social Club News

### PLEASE NOTE CHANGE

Our January 6<sup>th</sup>, 2022 Program has changed. Jan Klein the Nutritionist from Manchester Shop-Rite will not be available. She is changing jobs due to the fact that Shop-Rite has changed ownership.

Our new speakers will be Sophia Gingrich 4<sup>th</sup> ward Councilwoman and involved with FULFILL Programs and Mike Signorile 3<sup>rd</sup> ward Councilman, President of Holiday City South and President of the Coalition. They will be working together in 2022 and will give us a little insight as to what's happening in our area.

Sophia is very involved with FUFILL and will help us navigate the many programs they have. Their much more than a food bank. Some of the other programs they have are (1) Helping to find affordable housing (2) Learning new job skills (3) Filing tax papers (4) Warm coats for kids and much more.

So please join us on January 6<sup>th</sup>, 2022 and let Sophia give us more information and insight about the many programs they have and how we can help. Maybe we need some help ourselves or know of someone who could benefit from one or more of these programs. Maybe you would like to volunteer your time and talent or you would like to make a donation.

SO PLEASE JOIN US ON JANUARY 6<sup>TH</sup> 2022 AND SEE HOW YOU CAN HELP  
MAKE A DIFFERENCE

